



Press Contact: Kristi Shepler, Vice President of Wild Ones Capital Region NY
wocrny@gmail.com

For Immediate Release

ALBANY: BACK BY POPULAR DEMAND AND IMPROVED! Wild Ones Capital Region NY is excited to announce that the second annual Seed Swap Social will take place on Saturday, November 12, 2022 from 11:00 am through 2:00 pm. This year we have partnered with Thacher State Park, where we will meet in the Helderberg Room of the Visitor Center. This popular family friendly event showcases a seed swap that is focused on sharing native plants with our community. We encourage those who are interested to check out our website for up to date details at <https://capitalregionny.wildones.org/seed-swap/>.

The Seed Swap Social will also include several activities to encourage community members to bring home biodiversity through the use of native plants. Kids will enjoy making customized seed bombs with native wildflowers and a craft station that uses native plant materials to make milkweed seed pod stars! Parents will appreciate these free wholesome activities to enjoy with their kids.

New this year will be a bake sale with a twist. This fundraiser for Wild Ones Capital Region takes the tried and true bake sale but infuses ingredients from our own New York native plants. Come try some of your favorite baked goods and learn about the native plants that elevate the recipe.

For gardeners interested in a new approach to gardening, we have plenty in store for you. Emma Treadwell Thacher Nature Center employees will be demonstrating how to winter sow your seeds from the swap. Winter sowing is a great way to ensure germination and often increases success rates when growing from seed. There will also be a panel of presentations throughout the day; check out our website for details.

"I'm excited for this event - we haven't done anything quite like it before!" said Shannon Duerr, Community Outreach Naturalist with Emma Treadwell Thacher Nature Center.

"Last year's seed swap was a success but this year we are taking it to the next level to really blend education with hands-on activities. There really is something for everyone" said Rosemary Mix, Chapter President, Wild Ones Capital Region NY.